GMU Facility Rules 2021/2022 Update

Arriving to Practice

- 1. All parents will now be required to park their vehicle (In <u>lot C</u>) when dropping off and picking up athletes for practice. There will be no use of the upper parking lot for pick up or drop off.
- 2. All participants will enter and exit the facility though the main entrance of the building.
- 3. All individuals entering the building must show a COVID Dailey Health Check
 - a. Athletes without Cell phones may print their health check and present it at the Check in Desk or be accompanied by an adult to show the health check for the athlete and the parent.
- 4. All people entering the GMU campus must wear a mask at all times
- 5. No one is allowed to arrive more than 10 Minutes to check in time
 - a. Novice/ J.O. Check-in 5:20pm Monday- Thursday and Sunday 9:20am
 - b. Varsity Recreation Check-in 6:20 pm Monday- Thursday and Sunday 10:50am
- 6. All athletes will still be required to have an GMU issued Bag tag. Only current years bag tags should be on the swim bag or the current years Bag tag must be located on the front of the bag to show facility staff.
- 7. Athletes will have access to the locker rooms for rest room use only. Athletes must arrive in swim attire and will not be allowed to shower after practice.

Additional facility rules

- 1. There will be no access to drinking fountains or our Water cooler
- Parents will be allowed to watch practices from spectator seating. To do so they must show COVID Dailey Health Check and be masked at all times
- 3. No parents will be allowed into the lower level of the facility.

Mason Dive Academy Return to practice team guidelines

- 1. Athletes arriving at the pool will need to be dressed for workout. No changing or showering in the locker rooms.
- 2. Athletes who want to bring a water bottle must have their names clearly marked on the bottle and not share. Water fountains will be closed so there will be no refilling of water bottles at the pool.
- 3. Athletes must stay home if they are sick, or if anyone else in their household is sick, and away from the pool and from fellow team members.
- 4. Athletes must be in masks during dryland and warm up activities.
- 5. If an athlete does not have their daily health check the facility has the full right to refuse entry to the facility.
- 6. No Make ups will be offered for missed practices.